

# MEMBERSHIPS AND PRICING GUIDE



**TRAIN LIKE A BEAST  
FIGHT LIKE A MONSTER  
LIVE LIKE A KING**

**WWW.TNTBOXINGACADEMY.COM**  
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## ALL BOXING CLASSES ARE 1 HOUR **CLASS SCHEDULE**

MON	TUES	WED	THURS	FRI	SAT	SUN
6:30 AM BOXING ALL LEVELS		6:30 AM BOXING ALL LEVELS		6:30 AM BOXING ALL LEVELS	<b>OPEN GYM</b> 10:30 – 2 PM	CLOSED
<b>OPEN GYM 12 – 3 PM &amp; 4 – 8 PM</b>						
5:00 PM BOXING ALL LEVELS	5:00 PM BOXING ALL LEVELS	5:00 PM BOXING ALL LEVELS	5:00 PM BOXING ALL LEVELS		11:00 AM BOXING ALL LEVELS	
6:15 PM BOXING ALL LEVELS	6:15 PM STRENGTH & CONDITIONING	6:15 PM BOXING ALL LEVELS	6:15 PM STRENGTH & CONDITIONING	6:30 – 8 PM COMPETITIVE TRAINING	12:30 – 1 PM COMPETITIVE TRAINING	
7-9 PM COMPETITIVE TRAINING	7:30 PM BOXING ALL LEVELS	7-9 PM COMPETITIVE TRAINING	7:30 PM BOXING ALL LEVELS	Subject to change on weekly basis		

### STARTER PACKAGE:

2 – 60 minute personal training sessions  
+ 1 month boxing class pass  
+ Hand wraps and skip rope

Regular Price: \$149 Student Price: \$129

### CLASS PACKS:

1 Class	\$20
5 Classes	\$65
10 Classes	\$115

### PRIVATE TRAINING:

#### 30 minute sessions

1 Session = \$30  
4 sessions = \$102 (\$25.50 per session)  
Training 1 time per week for 1 month  
8 sessions = \$192 (\$24 per session)  
Training 2 times per week for 1 month  
12 sessions = \$270 (\$22.50 per session)  
training 3 times per week for 1 month

#### 60 minute sessions

1 Session = \$55  
4 sessions = \$165 (\$41.25 per session)  
Training 1 time per week for 1 month  
8 sessions = \$308 (\$38.75 per session)  
Training 2 times per week for 1 month  
12 sessions = \$429 (\$35.75 per session)  
Training 3 times per week for 1 month

Private sessions can be used for technical boxing work, fat/weight loss, cross training from other sports, strength work, conditioning and nutrition counseling.

### MEMBERSHIPS:

	BOXING (All Levels)	Students
Month to Month	\$100 (per month)	\$85 (per month)
4 Months	\$80 (per month)	\$68 (per month)
12 Months	\$60 (per month)	\$51 (per month)

#### PAID IN FULL:

4 Months	\$320 (includes admin fee)
12 Months	\$740 (includes admin fee)

### COMPETITIVE TRAINING: STRENGTH & CONDITIONING CLASSES

	Regular Price:	Student Price:
Month to Month	\$90 (per month)	\$76.50 (per month)
4 Months	\$70 (per month)	\$59.50 (per month)
12 Months	\$50 (per month)	\$42.50 (per month)

#### PAID IN FULL:

4 Months	\$280
12 Months	\$600

A BOXING ONTARIO MEMBERSHIP is required before participating in these classes

PRICES: Taxes not included

\$50 ADMINISTRATION FEE (one time cost) - includes hand wraps and skip rope